

**APPENDIX:**

The Appendix includes the following item(s):

- a new or amended Abstract of the Disclosure

ABSTRACT OF THE DISCLOSURE

A nutritional composition suitable for reducing appetite, a method for the treatment and/or prevention of overweight and a method for the reduction of a mammalian appetite. The weight reduction and/or appetite reduction is achieved by administration of procyanidin and a flavonoid selected from the group consisting of chrysin, flavone, precursors of these flavonoids that are convertible into the one of these flavonoids by gastrointestinal hydrolytic cleavage and mixtures thereof.